

Karate for Christ Tournament Circuit Rules Grappling Rules

Rules:

- One 2 Minute Round (1.5 Minute round for 12 and under)
- 5 Points for throws
- 10 points for submissions, pins, and chokes.
- Note: submissions do NOT instantly win the match. Upon a submission, pin, or choke, the match stops, points are awarded, and then the match continues, from the standing position.
- 1 point for open hand strikes (No strikes below the belt, to the head, or to the back. Striking allowed to torso only). Note: This is a GRAPPLING event. Controlled striking is allowed to set up throws, ETC. The fighter that will not grapple can be penalized.
- Controlled kicks to the torso are allowed and will be awarded one point.
- No small joint manipulation.
- No hands to the face.
- No biting, gouging, pinching, pressure points, pulling hair, etc.
- Anyone “Talking Smack”, cursing, or arguing with the officials will immediately be disqualified.
- *No CHOKING allowed - students who do this will be either penalized with a one point deduction or, if the offence is obvious, an 'outright disregard' for the safety of their opponent they will be disqualified and match awarded to their opponent. Also, in underage bracket, light hand strikes to torso will be allowed to set up a technique but no kicks will be allowed.*
- The official will award points and stop the match for pins, submissions, and (chokes (adults)). On a throw, points will be awarded, but the match will continue.
- If the official sees one player has the other in a submission type or choking type technique, he may choose to stop the match and award points to protect from injury. This is NOT the UFC.
- The players with the most points at the end of the two minute time wins.
- A pin is constituted by holding the opponent to the mat for 10 seconds where they cannot escape, and the pinning player is not in the other players guard.

Note: NO Techniques should be “snapped” or done in an injurious fashion. If the official rules the technique was done without control or to cause harm, the player performing said technique is disqualified.

Event:

- All grappling events are SINGLE elimination. If there is an uneven number of a participant, one participant will get a “pass” to the next round.
- 1st place is awarded to the winner of the last match in a division, with the loser of that last match taking second.

- Third place is awarded to the player not fighting in the last match with the highest point total in one match.

NO Coaching allowed!!!